

FREE Health Screenings & Flu Shots



FREE On-Site Health Screenings! Book Your Appt Today!

It's time to sign-up for your FREE On-site Health Screening! Hamilton County's Wellness Partner, TriHealth will be at 27 different County work locations in September and October 2016. Screenings are available to all County Employees. Plus, if your spouse is enrolled in the County's medical coverage, he/she can also receive a free screening.

- All screenings are **confidential**. Hamilton County will not know your individual results! We do get an aggregate report at the end of the year that helps us build the wellness program for the coming year.
- Not sure what to expect at a screening? Check out the screening flowchart [here](#).
- Can't Make it OR Prefer Your PCP? You can ask your Primary Care Physician (PCP) to complete [this packet](#) and turn it in to TriHealth on or before 12/31/2016. If you are already going to your PCP, you might as well get the credit!

What you need to do:

- (1) Check out [Schedule](#) for Dates/Locations
- (2) Reserve Your Time Slot by following [these instructions](#).
- (3) Attend Your Screening
- (4) AFTER your screening, complete the online Health Risk Assessment (HRA).

This year, we ask that you wait until after your on-site screening before completing the HRA to assure you can input the biometric data from your screening!

What about incentives? Information regarding the 2017 incentive for the Wellness Program will be available this Fall, once finalized.



Get Your Flu Shot!

All of the on-site screening locations will have FLU Shots available, too! Check the [schedule](#) here.

No Appointment is Necessary for Flu Shots! If you are not participating in the screening process, feel free to just stop in to get your flu shot! If you are having an on-site screening, then you can just do both at the same time - It's a One-Stop Shop for Your Health!

Bring an ID with you!

Flu Shots **are free** to all County employees. Plus, your spouses if enrolled in the County Medical Insurance can also receive a flu shot for free. *Note:* Cash payments are no longer accepted for flu shots.



QUESTIONS? Contact Tri-Health, our Wellness Partner:

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